

Daily Lunch Special \$18.95

Soup or house salad and today's chef's selection served with garlic mash potatoes and market fresh vegetables

Fish & Chips

served with coleslaw and french fries

Alaskan Halibut 2 piece	20
Fisherman's Platter <i>Deep fried halibut, shrimp, scallops & calamari</i>	24

Soups & Salads


New England Clam Chowder 7.5	Manhattan Seafood Chowder 7.5
Spinach Salad <i>Strawberries, red onion, cherry tomatoes, goat cheese, almond slivers, hard boiled egg, tossed in honey dijon and balsamic dressing</i>	17
Mediterranean Calamari Salad <i>California greens, Kalamata olives, feta, tomato, cucumber, green pepper, red onion, sundried tomato vinaigrette</i>	15
Oceana Seafood Salad <i>Mixed greens, baby shrimp, prawns, real crab meat, tomato, cucumber, green pepper, red onion, house dressing</i>	17
Grilled Salmon Salad <i>Grilled salmon filet, field greens, tomato, cucumber, green pepper, red onion in a honey dijon and balsamic dressing</i>	17
Grilled Halibut Salad <i>Grilled halibut filet, field greens, tomato, cucumber, green pepper, red onion, sundried tomato vinaigrette</i>	17
Chicken Souvlaki Salad <i>Grilled, marinated chicken skewers, Kalamata olives, feta, tomato, cucumber, red onion, green pepper, house vinaigrette</i>	17
Cajun Chicken Caesar Salad <i>Romaine hearts, parmesan, cajun grilled chicken breast</i>	16
Authentic Greek Salad <i>Kalamata Olives, Feta, tomato, cucumber, red onion, green pepper, house vinaigrette</i>	13

Eggs New Orleans <i>Crab cakes with poached eggs, jalapeno hollandaise, field greens and fresh fruit</i>	15
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Peppered Beef Tenderloin <i>Cognac glaze, garlic mashed potatoes and market fresh vegetables</i>	19
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Fresh Fish, Steaks & Burgers

served with your choice of tossed field greens or french fries,

Filet of Sole <i>Pan fried in a white wine, butter, tarragon, lemon sauce served with florentine rice and market fresh vegetables</i>	20
Baked Catfish <i>Topped with fresh spinach and Feta cheese served with florentine rice and market fresh vegetables</i>	23
Basa Filet <i>From the South Pacific - pan fried with sweet chili pepper glaze</i>	23
Mediterranean Chicken Burger <i>Grilled chicken breast, lemon, oregano, olive oil, tomato, red onion, mayonnaise on toasted ciabatta</i>	15
Mahi Mahi Burger <i>Grilled Mahi Mahi, lettuce, tomato, red onion, tartar on toasted ciabatta</i>	16
Salmon Burger <i>Grilled salmon filet, lettuce, tomato, red onion, mayonnaise on toasted ciabatta</i>	16
Steak Sandwich  <i>AAA Sterling Silver New York on garlic bread</i>	19

Pasta & Stirfries

Prawn Linguini <i>Garlic sauteed prawns, marinara sauce</i>	18
Chicken Stirfry <i>Chicken, vegetables, mild szechwan sauce</i>	16
Seafood Stirfry <i>Today's fresh fish, vegetables, oyster sauce</i>	16

Lunch menu available until 3 p.m.